

Utah Department of Health, Bureau of Child Care Licensing
Center / Family Rules Comparison

CENTER RULES R430-100	LICENSED FAMILY RULES R430-90	RESIDENTIAL CERTIFICATE RULES R430-50
R430-100-3. License Required.	R430-90-4. License Required.	R430-50-4. Voluntary Certificate.
<p>A person or persons must be licensed as a child care center under this rule if:</p> <p>(1) they provide care in lieu of care ordinarily provided by a parent, for four or more hours per day;</p> <p>(2) they provide care in a place other than the provider's home or the child's home;</p> <p>(3) they provide care for five or more children;</p> <p>(4) they provide care for each individual child for less than 24 hours per day;</p> <p>(5) the program has a regularly scheduled, ongoing enrollment; and</p> <p>(6) they provide care for direct or indirect compensation.</p>	<p>(1) A person who provides child care in a home for nine to 16 children unrelated to the licensee for less than 24 hours a day, with a regularly scheduled, on-going enrollment, for direct or in-direct compensation must be licensed as a family group child care program.</p> <p>(2) A person who provides child care in a home for less than nine unrelated children for less than 24 hours per day, having a regularly scheduled, ongoing enrollment, for direct or indirect compensation may be licensed as a family child care program.</p>	<p>A provider of child care for less than five children in the providers home may request a residential certificate.</p>
R430-100-4. Indoor Environment.		
<p>(1) The licensee shall ensure that any building or playground structure constructed prior to 1978 which has peeling, flaking, chalking, or failing paint is tested for lead based paint. If lead based paint is found, the licensee shall contact the local health department and follow all required procedures for the removal of the lead based paint.</p>	<p>R430-90-15. Safety.</p> <p>(13) Any structure built prior to 1978 which has peeling, flaking, chalking, or failing paint on the interior or exterior shall be tested for lead-based paint. If paint lead levels are equal to or exceed 0.06% by weight, the structure must be remodeled by encapsulation or enclosure when possible or by complete removal of lead-based paint by trained individuals.</p>	
(2) There shall be one working toilet and one working sink for every fifteen children in the center, excluding diapered children.		
(3) School age children shall have privacy when using the bathroom.		
(4) For buildings constructed after 1 July 1997 there shall be a working hand washing sink in each classroom.		
(6) Infant and toddler areas shall not be used as access to other areas or rooms.		
(7) All rooms and occupied areas in the building shall be ventilated by windows that open and have screens or by mechanical ventilation.		
(8) The provider shall maintain the indoor temperature between 65 and 82 degrees Fahrenheit.	<p>R430-90-17. Housekeeping and Maintenance.</p> <p>(4) The licensee shall maintain the home at air temperatures</p>	

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	between 72 degrees Fahrenheit and 85 degrees Fahrenheit as measured 30 inches above the floor. Infant care areas shall maintain temperatures of at least 70 degrees Fahrenheit at floor level.	
(9) The provider shall maintain adequate light intensity for the safety of children and the type of activity being conducted by keeping lighting equipment in good working condition.		
(10) Windows, glass doors, and glass mirrors within 36 inches from the floor shall be made of safety glass, or have a protective guard.		
<p>(11) There shall be at least 35 square feet of indoor space for each child, including the licensee's and employees' children who are not counted in the caregiver to child ratios.</p> <p>(12) Indoor space per child may include floor space used for furniture, fixtures, or equipment if the furniture, fixture, or equipment is used:</p> <ul style="list-style-type: none"> (a) by children; (b) for the care of children; or (c) to store classroom materials. <p>(13) Bathrooms, closets, staff lockers, hallways, corridors, lobbies, kitchens, or staff offices are not included when calculating indoor space for children's use.</p>	<p>R430-90-12. Activities.</p> <p>(2) There shall be a minimum of 35 square feet of indoor play area per child for each child in care under age 14. Toilet rooms, closets, hallways, and alcoves may not be included in calculating indoor play space. Play space does not include areas in the care giver home which are not included in the child care area.</p>	
R430-100-5. Cleaning and Maintenance.		
(1) The provider shall maintain a clean and sanitary environment.	<p>R430-90-17. Housekeeping and Maintenance.</p> <p>(2) There shall be adequate housekeeping services to maintain a clean, odor free, and sanitary environment.</p>	<p>R430-50-10. Fire, Safety, and Sanitation.</p> <p>(10) There shall be adequate housekeeping to maintain a clean and sanitary home...</p>
(2) The provider shall clean and disinfect bathroom surfaces daily, including toilets, sinks, faucets, and counters.		
(3) The provider shall take safe and effective measures to prevent and eliminate the presence of insects, rodents, and other vermin.	<p>R430-90-17. Housekeeping and Maintenance.</p> <p>(1) The licensee shall take effective and safe measures to prevent, control, and eliminate the presence of insects, rodents, and other vermin on the premises.</p>	<p>R430-50-10. Fire, Safety, and Sanitation.</p> <p>(10) There shall be adequate housekeeping to...control, and eliminate the presence of insects, rodents, and other vermin on the premises.</p>
(4) The provider shall maintain ceilings, walls, floor coverings, draperies, blinds, furniture, fixtures, and equipment in good repair to prevent injury to children.	<p>R430-90-17. Housekeeping and Maintenance.</p> <p>(6) The home shall be maintained to ensure that the equipment, fixtures, and furnishings are safe and in good repair.</p>	<p>R430-50-10. Fire, Safety, and Sanitation.</p> <p>(6) Equipment and furniture must be durable, in good repair, structurally sound, and stable. Indoor and outdoor play spaces, toys and equipment shall be maintained in a safe manner to prevent injury to children.</p>

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(5) The provider shall maintain entrances, exits, steps and outside walkways in a safe condition, and free of ice, snow, and other hazards.	R430-90-17. Housekeeping and Maintenance. (3) Entrances, exits, steps, and outside walkways shall be maintained in a safe condition, free of ice, snow, and other hazards.	R430-50-10. Fire, Safety, and Sanitation. (6) ...Indoor and outdoor play spaces, toys and equipment shall be maintained in a safe manner to prevent injury to children.
R430-100-6. Outdoor Environment.		
(1) There shall be an outdoor play area for children that is safely accessible to children. (2) The outdoor play area shall have at least 40 square feet of space for each child. (3) The outdoor play area shall accommodate at least 33 percent of the licensed capacity at one time or shall be at least 1600 square feet. (4) The outdoor play area shall be enclosed within a 4 foot high fence or wall, or a solid natural barrier that is at least 4 feet high. (5) There shall be no gaps in fences greater than 5 inches at any point, nor shall gaps between the bottom of the fence and the ground be more than 5 inches.	R430-90-12. Activities. (3) Outdoor play areas shall have at least 40 square feet per child for each child in care under age 14. The total outdoor play area shall accommodate at least 40 percent of the licensed capacity at one time. (a) Outdoor play areas shall be fenced or have a natural barrier that provides protection from unsafe areas. Fences shall be at least four feet high. If local ordinances conflict with this requirement, the licensee may request a variance from the Department. Any gaps within the fence shall not be greater than three and one-half inches. The bottom edges of the fence shall not be more than three and one-half inches above the ground.	R430-50-10. Fire, Safety, and Sanitation. (3) Each home shall have an outdoor play space which is safe, free from hazards, located away from traffic or water hazards, and is available on the premises or is easily and safely accessible to the home. If a fence is required to protect children from any traffic or water hazards then the fence shall be at least four feet high. If local ordinances conflict, the owner may request a variance from the Department. Any gaps within the fence and the bottom edges of the fence shall not be more than three and one-half inches above the ground.
(6) There shall be no openings greater than 3-1/2 by 6-1/4 inches and less than 9 inches in diameter anywhere in the outdoor play area where children's feet cannot touch the ground.		
(7) If there is a swimming pool on the premises that is not emptied after each use: (a) the provider shall ensure that the pool is enclosed within a fence or other solid barrier at least six feet high that is kept locked whenever the pool is not in use; (b) the provider shall maintain the pool in a safe manner; (c) the provider shall meet all applicable state and local laws and ordinances related to the operation of a swimming pool; and (d) If the pool is over four feet deep, there shall be a Red Cross certified life guard on duty, or a lifeguard certified by another agency that the licensee can demonstrate to the Department to be equivalent to Red Cross certification, any time children have access to the pool.	R430-90-15. Safety. (9) All water hazards such as a swimming pool, stationary wading pool, ditches, and fish ponds shall be fenced to prevent access by children.	
(8) The outdoor play area shall be free of trash, animal excrement, harmful plants, objects, or substances, and standing water.	R430-90-15. Safety. (9) All water hazards such as a swimming pool, stationary wading pool, ditches, and fish ponds shall be fenced to prevent access by children. R430-90-17. Housekeeping and Maintenance.	

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	(7) Sand boxes and outdoor play areas shall be kept free of animal excrement and harmful objects.	
(9) If wading pools are used: (a) a caregiver must be at the pool supervising children whenever there is water in the pool; (b) diapered children must wear swim diapers or rubber pants while in the pool; and (c) the pool shall be emptied and disinfected after each use by a separate group of children.		
(10) The outdoor play area shall have a shaded area to protect children from excessive sun and heat. (11) An outdoor source of drinking water, such as a drinking fountain, individually labeled water bottles, or a pitcher of water and individual cups that are taken outside, shall be available to children whenever the outside temperature is 75 degrees or higher.	R430-90-12. Activities. (3)(b) Outdoor play areas shall have a shaded area to protect children from excessive sun and heat. Drinking water shall be continuously accessible to children in the outdoor play area.	
(12) There shall be no trampolines in the outdoor play area.		
(13) All outdoor play equipment and areas shall comply with the following safety standards by the dates specified in Table 4.		
(a) All stationary play equipment used by infants and toddlers shall meet the following requirements: (i) There shall be no designated play surface that exceeds 3 feet in height.		
(ii) If the height of a designated play surface or climbing bar on a piece of equipment, excluding swings, is greater than 18 inches, it shall have use zones that meet the following criteria: (A) The use zone shall extend a minimum of 3 feet in all directions from the perimeter of each piece of equipment. (B) Use zones may overlap if two pieces of equipment are positioned adjacent to one another, with a minimum of 3 feet between the perimeters of the two pieces of equipment. (C) The use zone in front of a slide may not overlap the use zone of any other piece of equipment.		
(iii) The use zone in the front and rear of all swings shall extend a minimum distance of twice the height from the swing seat to the pivot point of the swing, and shall not overlap		

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the use zone of any other piece of equipment.		
(iv) The use zone for the sides of a single-axis swing shall extend a minimum of 3 feet from the perimeter of the structure, and may overlap the use zone of a separate adjacent piece of equipment.		
(v) The use zone of a multi-axis swing shall extend a minimum distance of 3 feet plus the length of the suspending members, and shall never overlap the use zone of another piece of equipment.		
(vi) The use zone for merry-go-rounds shall never overlap the use zone of another piece of equipment.		
(vii) The use zone for spring rockers shall extend a minimum of 3 feet from the at-rest perimeter of the equipment.		
(viii) Swings shall have enclosed seats.		
<p>(b) All stationary play equipment used by preschoolers or school age children shall meet the following requirements for use zones:</p> <p>(i) If the height of a designated play surface or climbing bar on a piece of equipment, excluding swings, is greater than 20 inches, it shall have use zones that meet the following criteria:</p> <p>(A) The use zone shall extend a minimum of 6 feet in all directions from the perimeter of each piece of equipment.</p> <p>(B) The use zones of two pieces of equipment that are positioned adjacent to one another may overlap if the designated play surfaces of each structure are no more than 30 inches above the protective surfacing underneath the equipment. In such cases, there shall be a minimum of 6 feet between the adjacent pieces of equipment.</p> <p>(C) There shall be a minimum use zone of 9 feet between adjacent pieces of equipment if the designated play surface of one or both pieces of equipment is more than 30 inches above the protective surfacing underneath the equipment.</p>		
(ii) The use zone in the front and rear of a single-axis swing shall extend a minimum distance of twice the height of the pivot point of the swing, and may not overlap the use zone of any other piece of equipment.		

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(iii) The use zone for the sides of a single-axis swing shall extend a minimum of 6 feet from the perimeter of the structure, and may overlap the use zone of a separate piece of equipment.		
(iv) The use zone of a multi-axis swing shall extend a minimum distance of 6 feet plus the length of the suspending members, and shall never overlap the use zone of another piece of equipment.		
(v) The use zone for merry-go-rounds shall never overlap the use zone of another piece of equipment.		
(vi) The use zone for spring rockers shall extend a minimum of 6 feet from the at-rest perimeter of the equipment.		
(c) Two-year-olds may play on infant and toddler play equipment.		
(d) Protective cushioning is required in all use zones.	R430-90-15. Safety. (8) Outdoor play equipment shall be located over soft material or grass.	
(e) If sand, gravel, or shredded tires are used as protective cushioning, the depth of the material shall meet the CPSC guidelines in Table 1. The provider shall ensure that the material is periodically checked for compaction, and if compacted, shall loosen the material to the depth listed in Table 1. If the material cannot be loosened due to extreme weather conditions, the provider shall not allow children to play on the equipment until the material can be loosened to the required depth.		
(f) If shredded wood products are used as protective cushioning, the depth of the shredded wood shall meet the CPSC guidelines in Table 2.		
(g) If wood products are used as cushioning material: (i) the providers shall maintain documentation from the manufacturer verifying that the material meets ASTM Specification F 1292, which is adopted by reference; and (ii) there shall be adequate drainage under the material.		
(h) If a unitary cushioning material, such as rubber mats or poured rubber-like material is used as protective cushioning: (i) the licensee shall ensure that the material meets the standard established in ASTM Specification F 1292. The		

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<p>provider shall maintain documentation from the manufacturer that the material meets these specifications.</p> <p>(ii) the licensee shall ensure that the cushioning material is securely installed, so that it cannot become displaced when children jump, run, walk, land, or move on it, or be moved by children picking it up.</p>		
<p>(i) Stationary play equipment that has a designated play surface less than the height specified in Table 3, and that does not have moving parts children sit or stand on, may be placed on grass, but shall not be placed on concrete, asphalt, dirt, or any other hard surface.</p>		
<p>(j) On stationary play equipment used by infants and toddlers, protective barriers shall be provided on all play equipment platforms that are over 18 inches above the ground. The bottom of the protective barrier shall be less than 3-1/2 inches above the surface of the platform, and there shall be no openings greater than 3-1/2 inches in the barrier. The top of the protective barrier shall be at least 24 inches above the surface of the platform.</p>		
<p>(k) On stationary play equipment used by preschoolers, protective barriers shall be provided on all play equipment platforms that are over 30 inches above the ground. The bottom of the protective barrier shall be less than 3-1/2 inches above the surface of the platform, and there shall be no openings greater than 3-1/2 inches in the barrier. The top of the protective barrier shall be at least 29 inches above the surface of the platform.</p>		
<p>(l) On stationary play equipment used by school age children, protective barriers shall be provided on all play equipment platforms that are over 48 inches above the ground. The bottom of the protective barrier shall be less than 3-1/2 inches above the surface of the platform, and there shall be no openings greater than 3-1/2 inches in the barrier. The top of the protective barrier shall be at least 38 inches above the surface of the platform.</p>		
<p>(m) There shall be no openings greater than 3-1/2 by 6-1/4 inches and less than 9 inches in diameter on any piece of stationary play equipment, or within or adjacent to the use zone of any piece of stationary play equipment.</p>		

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(n) There shall be no protrusion or strangulation hazards in or adjacent to the use zone of any piece of stationary play equipment.		
(o) There shall be no crush, shearing, or sharp edge hazards in or adjacent to the use zone of any piece of stationary play equipment.		
(p) There shall be no tripping hazards, such as concrete footings, tree stumps, tree roots, or rocks within the use zone of any piece of stationary play equipment.		
(14) The provider shall maintain playgrounds and playground equipment to protect children's safety.		R430-50-10. Fire, Safety, and Sanitation. (6) ...Indoor and outdoor play spaces, toys and equipment shall be maintained in a safe manner to prevent injury to children.
R430-100-7. Personnel.		
(1) The center must have a director who is at least 21 years of age and who has one of the following educational credentials: (a) an associates, bachelors, or graduate degree from an accredited college and successful completion of at least 12 semester credit hours of early childhood development courses; (b) valid proof of a level 8, 9, or 10 Utah Early Childhood Career Ladder certification issued by the Utah Office of Child Care or the Utah Child Care Professional Development Institute; (c) a currently valid national certification such as a Certified Childcare Professional (CCP) issued by the National Child Care Association, a Child Development Associate (CDA) issued by the Council for Early Childhood Professional Recognition, or other credential that the licensee demonstrates as equivalent to the Department; or (d) a currently valid National Administrator Credential (NAC) issued by the National Child Care Association, plus one of the following: (i) valid proof of successful completion of 12 semester credit hours of early childhood development courses from an accredited college; or (ii) valid proof of completion of the following six Utah Early Childhood Career Ladder courses offered through Child Care Resource and Referral: Child Development Ages and Stages, Learning in the Early Years, A Great Place for Kids, Strong and Smart, Learning to Get Along, and Advanced Child Development. (e) Center directors who used only the National	R430-90-5. Licensee Qualifications and Duties. (1) The licensee of the child care program must: (a) be at least 18 years of age; or (b) have a high school diploma or G.E.D.; and (c) have knowledge of and comply with applicable laws and rules.	R430-50-5. Owner Qualifications. (1) To be eligible for an initial residential certificate the owner must: (a) be at least 18 years of age; (c) meet at least one of the following: (i) have a high school diploma or G.E.D.; (ii) be an approved federal food program provider as of July 1, 1998; or (iii) if (i) or (ii) cannot reasonably be met by the owner and an undue hardship is created, the owner may request a variance from the Department.

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Administrator Credential (NAC) to meet the director qualifications prior to 1 July 2006 have until 30 June 2011 to obtain the required additional training in early childhood development.		
(2) All caregivers shall be at least 18 years of age.	R430-90-6. Care Giver Qualifications. 2) All care givers who provide services shall be at least 18 years of age or have completed high school or a G.E.D.	
(3) All assistant caregivers shall be at least 16 years of age, and shall work under the immediate supervision of a caregiver who is at least 18 years of age.		
(4) Assistant caregivers may be included in caregiver to child ratios, but shall not be left unsupervised with children.		
(5) Assistant caregivers shall meet all of the caregiver requirements under this rule, except the caregiver age requirement of 18 years.		
(6) Whenever there are more than 8 children at the center, there shall be at least two caregivers present who can demonstrate the English literacy skills needed to care for children and respond to emergencies. If there is only one caregiver present because there are 8 or fewer children at the center, that caregiver must be able to demonstrate the English literacy skills needed to care for children and respond to emergencies.	R430-90-6. Care Giver Qualifications. 2) All care givers who provide services shall be at least 18 years of age or have completed high school or a G.E.D.	
(7) Each new caregiver, assistant caregiver, and volunteer shall receive orientation training prior to assuming caregiving duties. Orientation training shall be documented in the caregiver's file and shall include the following topics: <ul style="list-style-type: none"> (a) job description and duties; (b) the center's written policies and procedures; (c) the center's emergency and disaster plan; (d) child care licensing rules for: <ul style="list-style-type: none"> (i) Supervision and Ratios. R430-100-11; (ii) Injury Prevention. R430-100-12; (iii) Parent Notification and Child Security. R430-100-13; (iv) Child Health. 430-100-14; (v) Child Nutrition. R430-100-15; (vi) Infection Control. R430-100-16; (vii) Medications. R430-100-17; 	R430-90-6. Care Giver Qualifications. (1) The licensee shall ensure that each care giver or volunteer who has direct contact with or access to children is oriented to the licensed program and successfully completes the required orientation training before starting assigned duties. The licensee shall document in a care giver's personnel record the date of completion of orientation training. The orientation training must include: <ul style="list-style-type: none"> (a) procedures for maintaining health and safety and handling emergencies and accidents; (b) specific job responsibilities; (c) child discipline procedures of R430-90-7; (d) reporting requirements if the care giver witnesses or suspects child abuse, neglect or exploitation; and (e) procedures for releasing children to authorized individuals. 	R430-50-5. Owner Qualifications. (2) The owner shall complete a minimum of five hours of Department approved training within 90 days of initial certificate issuance. Documentation of training shall be maintained at the home of the owner. Training will be Department-approved if it includes: <ul style="list-style-type: none"> (a) reporting requirements for witnessing or suspicion of abuse, neglect and exploitation; (b) proper hand washing and sanitation techniques; (c) recognizing early signs of illness and determining if there is a need to exclude a sick child from the home; (d) accident prevention and safety principles; (e) positive guidance for the management of children; (f) child development; (g) age appropriate activities for children; and (h) If child care is provided to children under the age of

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<p>(viii) Napping. R430-100-18; (ix) Child Discipline. R430-100-19; (x) Activities. R430-100-20; (xi) Transportation, R430-100-21, if the center provides transportation; (xii) Animals, R430-100-22, if the center permits animals; (xiii) Diapering, R430-100-23, if the center diapers children; and (xiv) Infant and Toddler Care, R430-100-24, if the center cares for infants or toddlers. (e) introduction and orientation to the children assigned to the caregiver; (f) a review of the information in the health assessment for each child in their assigned group; (g) procedure for releasing children to authorized individuals only; (h) proper clean up of body fluids; (i) signs and symptoms of child abuse and neglect, and legal reporting requirements for witnessing or suspicion of abuse, neglect, and exploitation; (j) obtaining assistance in emergencies, as specified in the center's emergency and disaster plan. (k) If the center provides infant care, new caregiver orientation training topics shall also include: (i) preventing shaken baby syndrome and coping with crying babies; and (ii) preventing sudden infant death syndrome.</p>		<p>two, the training must also include:</p> <p>(i) Preventing Shaken Baby Syndrome; (ii) Coping with crying babies; and (iii) Preventing Sudden Infant Death Syndrome.</p> <p>(3) The owner shall ensure that each care giver who has direct contact with or access to children successfully completes the required five hours of department approved training before starting assigned duties.</p>
<p>(8) The center director and all caregivers shall complete a minimum of 20 hours of training each year, based on the center's license date.</p>	<p>R430-90-6. Care Giver Qualifications. (6) The licensee shall ensure that they and all care givers complete a minimum of 20 hours of annual in-service training. At least ten hours of in-service training shall be person-to-person instruction.</p>	
<p>(a) Documentation of annual training shall be kept in each caregiver's file, and shall include the name of the training organization, the date, the training topic, and the total hours or minutes of training. (b) Caregivers who begin employment partway through the license year shall complete a proportionate number of training hours based on the number of months worked prior to the center's relicensure date.</p>	<p>R430-90-6. Care Giver Qualifications. (7) The licensee shall document successful completion of in-service training and maintain a record for themselves and each care giver which includes: (a) the date training was completed; (b) the topics covered; and (c) the trainer's name and organizational affiliation.</p>	

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<p>(c) Annual training hours shall include the following topics:</p> <p>(i) a review of all of the current child care licensing rules for:</p> <p>(A) Supervision and Ratios. R430-100-11;</p> <p>(B) Injury Prevention. R430-100-12;</p> <p>(C) Parent Notification and Child Security. R430-100-13;</p> <p>(D) Child Health. 430-100-14;</p> <p>(E) Child Nutrition. R430-100-15;</p> <p>(F) Infection Control. R430-100-16;</p> <p>(G) Medications. R430-100-17;</p> <p>(H) Napping. R430-100-18;</p> <p>(I) Child Discipline. R430-100-19;</p> <p>(J) Activities. R430-100-20;</p> <p>(K) Transportation, R430-100-21, if the center provides transportation;</p> <p>(L) Animals, R430-100-22, if the center permits animals;</p> <p>(M) Diapering, R430-100-23, if the center diapers children; and</p> <p>(N) Infant and Toddler Care, R430-100-24, if the center cares for infants or toddlers.</p> <p>(ii) a review of the center's written policies and procedures and emergency and disaster plans, including any updates;</p> <p>(iii) signs and symptoms of child abuse and neglect, and legal reporting requirements for witnessing or suspicion of abuse, neglect, and exploitation;</p> <p>(iv) principles of child growth and development, including development of the brain; and</p> <p>(v) positive guidance.</p> <p>(d) If the center provides infant care, annual training topics for the center director and all infant and toddler caregivers shall also include:</p> <p>(i) preventing shaken baby syndrome and coping with crying babies; and</p> <p>(ii) preventing sudden infant death syndrome.</p>	<p>R430-90-6. Care Giver Qualifications.</p> <p>(4) The licensee must ensure that an annual documented in-service training plan is developed and carried out. The plan shall be pertinent to the ages of the children in the program and must address the following areas:</p> <p>(a) proper hand washing and sanitation techniques;</p> <p>(b) principles of good nutrition;</p> <p>(c) proper procedures in administration and storage of medications;</p> <p>(d) recognizing early signs of illness, communicable diseases and determining if there is a need to exclude a child from the program;</p> <p>(e) accident prevention and safety principles;</p> <p>(f) positive guidance for the management of children;</p> <p>(g) child development; and</p> <p>(h) age appropriate activities.</p> <p>(5) If child care is provided to children under age two, the following in-service topics are also required:</p> <p>(a) Preventing Shaken Baby Syndrome;</p> <p>(b) Coping with crying babies; and</p> <p>(c) Preventing Sudden Infant Death Syndrome.</p>	
<p>(9) A minimum of 10 hours of the required annual in-service training shall be face-to-face instruction.</p>	<p>R430-90-6. Care Giver Qualifications.</p> <p>(6) ...At least ten hours of in-service training shall be person-to-person instruction.</p>	

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R430-100-8. Administration.		
(1) The licensee is responsible for all aspects of the operation and management of the center.		
(2) The licensee shall comply with all federal, state, and local laws and rules pertaining to the operation of a child care center.		
(3) The provider shall not engage in or allow conduct that is adverse to the public health, morals, welfare, and safety of the children in care.		
(4) The provider shall take all reasonable measures to protect the safety of children in care. The licensee shall not engage in activity or allow conduct that unreasonably endangers children in care.		
(5) Either the center director or a designee with written authority to act on behalf of the center director shall be present at the facility whenever the center is open for care.		
(6) Director designees shall be at least 21 years of age, and shall have completed their orientation training.		
(7) The center director shall be on-site at the center for at least 20 hours per week during operating hours in order to fulfill the duties specified in this rule, and to ensure compliance with this rule.		
(8) The center director must have sufficient freedom from other responsibilities to manage the center and respond to emergencies.		
(9) There shall be a working telephone at the facility, and the center director shall inform a parent and the Department of any changes to the center's telephone number within 48 hours of the change.	R430-90-16. Fire, Emergency, and Disaster. (5) The licensee shall ensure that the telephone service is in working order, unless there is a utility failure, and inform the Department of the current phone number...	R430-50-10. Fire, Safety, and Sanitation. (1)(b) The owner shall maintain an operating telephone in the home, unless there is a utility failure.
(10) The provider shall call the Department within 24 hours to report any fatality, hospitalization, emergency medical response, or injury that requires attention from a health care provider, unless an emergency medical transport was part of a child's medical treatment plan identified by the parent. The provider shall also mail or fax a written report to the Department within five days of the incident.	R430-90-11. Parent Notification and Child Security. (6) For any emergency that requires a response by emergency medical treatment providers, fatality, or hospitalization of a child in care, the licensee shall: (a) notify the Department within 24 hours of occurrence, either by phone or facsimile; and (b) submit to the Department within five business days of occurrence a written injury and accident report.	R430-50-9. Child Health and Medications. (1)(b) For any emergency that requires a response by emergency medical treatment providers, fatality, or hospitalization of a child in care, the owner shall: (i) notify the Department within 24 hours of occurrence, either by phone or facsimile; and (ii) submit to the Department within five business days of occurrence a written injury and accident report.
(11) The duties and responsibilities of the center director		

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<p>include the following:</p> <ul style="list-style-type: none"> (a) appoint, in writing, one or more caregivers to be a director designee, with authority to act on behalf of the center director in his or her absence; (b) train and supervise staff to: <ul style="list-style-type: none"> (i) ensure their compliance with this rule; (ii) ensure they meet the needs of the children in care as specified in this rule; and (iii) ensure that children are not subjected to emotional, physical, or sexual abuse while in care. 		
<p>(12) The provider shall establish and follow written policies and procedures for the health and safety of the children in care. The written policies and procedures shall address at least the following areas:</p> <ul style="list-style-type: none"> (a) direct supervision and protection of children at all times, including when they are sleeping, using the bathroom, in a mixed group activity, on the playground, and during off-site activities; (b) maintaining required caregiver to child ratios when the center has more than the expected number of children, or fewer than the scheduled number of caregivers; (c) procedures to account for each child's attendance and whereabouts; (d) procedures to ensure that the center releases children to authorized individuals only; (e) confidentiality and release of information; (f) the use of movies and video or computer games, including what industry ratings the center allows; (g) recognizing early signs of illness and determining when there is a need for exclusion from the center; (h) ensuring that food preparation and diapering handwashing are not done in the same sink in infant and toddler areas; (i) discipline of children, including behavioral expectations of children and discipline methods used; (j) transportation to and from off-site activities, or to and from home, if the center offers these services; and (k) if the program offers transportation to or from school, policies addressing: <ul style="list-style-type: none"> (i) how long children will be unattended before and after school; 	<p>R430-90-5. Licensee Qualifications and Duties.</p> <p>(2) The licensee shall establish and implement policies and procedures for the health and safety of children in the home.</p>	

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(ii) what steps will be taken if children fail to meet the vehicle; (iii) how and when parents will be notified of delays or problems with transportation to and from school; and (iv) the use of size-appropriate safety restraints.		
(13) The provider shall ensure that the written policies and procedures are available for review by parents, staff, and the Department during business hours.		
R430-100-9. Records.		
(1) The provider shall maintain the following records on-site for review by the Department: (a) documentation of the previous 12 months of fire and disaster drills as specified in R430-10(11)(12)(13)(14);		
(b) current animal vaccination records as required in R430-100-22(3);		
(c) a six week record of child attendance, including sign-in and sign-out records;		
(d) all current variances granted by the Department;		
(e) a current local health department inspection;	R430-90-19. Food Service. (1) If the local health department completes an inspection, the inspection report shall be maintained at the home for review by the Department.	
(f) a current local fire department inspection;	R430-90-16. Fire, Emergency, and Disaster. (4) Each home shall have fire extinguishers and smoke detectors in good operating condition on each floor occupied by children. Two exits leading to an open space at ground level, shall be present to permit the orderly evacuation of children. If the basement is used to provide child care, at least one exit at ground level shall be present leading to an open space.	R430-50-10. Fire, Safety, and Sanitation. (2) The owner shall maintain fire extinguishers and smoke detectors in good operating condition on each floor occupied by children. Two exits, leading to an open space at ground level, shall be present to permit the orderly evacuation of children. If the basement is used to provide child care, at least one exit shall be present leading to an open space at ground level.
(g) the most recent "Request for Annual Renewal of CBS/MIS Criminal History Information for Child Care";		
(h) records for each currently enrolled child, including the following: (i) an admission form containing the following information for each child: (A) name; (B) date of birth; (C) date of enrollment;	R430-90-8. Records. (1) The licensee shall obtain from the parent or legal guardian an admission agreement, which identifies the following: (a) child's full name and nickname; (b) parent or guardian's name, address and phone number; (c) name, address and phone number of additional	R430-50-8. Records. (1) The owner shall obtain from the parent or legal guardian an admission agreement, which identifies the following: (a) child's full name and nickname; (b) parent or guardian's name, address and day time phone number; (c) name, address and phone number of at least one

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<p>(D) the parent's name, address, and phone number, including a daytime phone number;</p> <p>(E) the names of people authorized by the parent to pick up the child;</p> <p>(F) the name, address and phone number of a person to be contacted in the event of an emergency if the provider is unable to contact the parent;</p> <p>(G) the name, address, and phone number of an out of area/state emergency contact person for the child, if available; and</p> <p>(H) current emergency medical treatment and emergency medical transportation releases with the parent's signature;</p> <p>(ii) a current annual health assessment form as required in R430-100-14(5);</p> <p>(iii) current immunization records or documentation of a legally valid exemption, as specified in R430-100-14(4);</p> <p>(iv) a transportation permission form, if the center provides transportation services;</p> <p>(v) a six week record of medication permission forms, and a six week record of medications actually administered; and</p> <p>(vi) a six week record of incident, accident, and injury reports;</p> <p>(vii) a six week record of eating, sleeping, and diaper changes as required in R430-100-23(12) R430-100-24(15); and</p>	<p>persons to be notified in the event of an emergency when the parent or guardian cannot be located;</p> <p>(d) name, address and phone number of the child's primary source of emergency health and dental care.</p> <p>(2) The licensee shall ensure that children's records are organized and maintained to include the following:</p> <p>(a) immunization record (Utah School Immunization Record -USIR) according to R396-100;</p> <p>(b) child's health history required in R430-90-10(4) and any updates;</p> <p>(c) injury, accident and incident reports; and</p> <p>(d) medication administration records required in R430-90-10(6)(d).</p>	<p>additional person to be notified in the event of an emergency if the parent or guardian cannot be located;</p> <p>(d) name, address and phone number of the child's primary source of emergency health and dental care;</p> <p>(e) description of any food sensitivities, allergies or special food needs; and</p> <p>(f) immunization record.</p> <p>(2) The owner shall obtain, in advance, from the parent or legal guardian the names, addresses and phone numbers of persons authorized to take the child from the residence.</p>
<p>(i) records for each staff member, including the following:</p> <p>(i) date of initial employment;</p> <p>(ii) results of initial TB screening;</p> <p>(iii) approved initial "CBS/MIS Consent and Release of Liability for Child Care" form;</p> <p>(iv) the most recent "Disclosure Statement" for a criminal background check, if the employee has worked at the facility since the last license renewal;</p> <p>(v) a six week record of days and hours worked;</p> <p>(vi) orientation training documentation for caregivers, and for volunteers who work at the center at least once each month;</p> <p>(vii) annual training documentation for caregivers; and</p> <p>(viii) current first aid and CPR certification, if applicable as required in R430-100-10(2), R430-100-20(5)(d), and R430-100-21(2).</p>	<p>R430-90-8. Records.</p> <p>(3) The licensee of the program shall maintain care giver records to include:</p> <p>(a) background screening records;</p> <p>(b) initial health evaluations and TB testing;</p> <p>(c) food handler's permits;</p> <p>(d) first-aid and CPR course completion; and</p> <p>(e) in-service training records.</p> <p>R430-90-6. Care Giver Qualifications.</p> <p>(3)(b) Documentation of the completed First-Aid and CPR training must be in the care giver's personnel record.</p>	<p>R430-50-8. Records.</p> <p>(3) The owner shall maintain documentation that all individuals in the home comply with R430-6, Background Clearance.</p>

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(2) The provider shall ensure that information in children's files is not released without written parental permission.		
R430-100-10. Emergency Preparedness.		
(1) The provider shall post the center's street address and emergency numbers, including ambulance, fire, police, and poison control, near each telephone in the center.	R430-90-16. Fire, Emergency, and Disaster. (5) ...The names and telephone numbers of the emergency medical personnel, fire department, police, and poison control shall be posted by the telephone.	R430-50-10. Fire, Safety, and Sanitation. (1)(c) The owner shall post the names and telephone numbers of the emergency medical personnel, fire department, police, and poison control by the telephone.
(2) At least one person at the facility at all times when children are in care shall have a current Red Cross, American Heart Association, or equivalent first aid and infant and child CPR certification.	R430-90-6. Care Giver Qualifications. (3) There shall be at least one care giver at the home during business hours who has a current course completion in basic child and infant first-aid and Cardiac Pulmonary Resuscitation (CPR), and training in the Heimlich Maneuver for treatment of an obstructed airway. (a) First-aid and CPR refers to courses given by the American Red Cross, the Utah Emergency Medical Training Council, or other courses that the licensee of the program can demonstrate to the Department to be equivalent.	R430-50-5. Owner Qualifications. (1) To be eligible for an initial residential certificate the owner must: (b) have a current course completion in basic first-aid and Cardiac Pulmonary Resuscitation (CPR). First-aid and CPR certification refers to courses given by the American Red Cross, the Utah Emergency Medical Training Council, or other courses that the licensee can demonstrate to the Department to be equivalent; and
(3) The center shall maintain at least one readily available first aid kit, and a second first aid kit for field trips if the center takes children on field trips. The first aid kit shall include the following items: (a) disposable gloves; (b) assorted sizes of bandaids; (c) gauze pads and roll; (d) adhesive tape; (e) antiseptic or a topical antibiotic; (f) tweezers; and (g) scissors.	R430-90-16. Fire, Emergency, and Disaster. (6) The licensee shall maintain a first-aid kit at the residence.	R430-50-10. Fire, Safety, and Sanitation. (1)(a) A first aid kit shall be available in the home.
(4) Each first aid kit shall be in a closed container, readily accessible to staff but inaccessible to children.		
(5) The provider shall have a written emergency and disaster plan which shall include at least the following: (a) procedures for responding to medical emergencies and serious injuries that require treatment by a health care provider; (b) procedures for responding to fire, earthquake, flood, power failure, and water failure; (c) the location of and procedure for emergency shut off of gas, electricity, and water; (d) an emergency exit plan;	R430-90-16. Fire, Emergency, and Disaster. (1) The licensee shall have a written emergency and disaster plan in case of fire, flood, earthquake, blizzard, power failure, or other disasters that could create structural damage to the home or pose a health hazard. The plan shall include the procedure to transport and evacuate children to another location and the procedures to turn off gas, electricity and water. (2) The licensee shall have an emergency plan in the case of a missing child or death or serious injury to a child, which includes	R430-50-10. Fire, Safety, and Sanitation. (1) The owner shall have a disaster plan in case of fire, flood, earthquake, blizzard, power failure or other disasters that could create structural damage to the facility or pose a health hazard. The owner shall also have an emergency plan in the case of a missing child, death or serious injury to a child, which includes the name of a substitute care giver in the event the owner must leave the residence for any reason.

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<p>(e) an emergency relocation site where children may be housed if the center is uninhabitable;</p> <p>(f) a means of posting the relocation site address in a conspicuous location that can be seen even if the center is closed;</p> <p>(g) the transportation route and means of getting staff and children to the emergency relocation site;</p> <p>(h) a means of accounting for each child's presence in route to and at the relocation site;</p> <p>(i) a means of accessing children's emergency contact information and emergency releases; including contact information for an out of area/state emergency contact person for the child, if available;</p> <p>(j) provisions for emergency supplies, including at least food, water, a first aid kit, diapers if the center cares for diapered children, and a cell phone;</p> <p>(k) procedures for ensuring adequate supervision of children during emergency situations, including while at the center's emergency relocation site; and</p> <p>(l) staff assignments for specific tasks during an emergency.</p>	<p>the name of a substitute care giver in the event the owner must leave the residence for any reason.</p>	
(6) The provider shall ensure that the emergency and disaster plan is followed in the event of an emergency.		
(7) The provider shall review the emergency and disaster plan annually, and update it as needed. The provider shall note the date of reviews and updates to the plan on the plan.		
(8) The emergency and disaster plan shall be available for immediate review by staff, parents, and the Department during business hours.		
(9) The provider shall post emergency exit plans in conspicuous locations in each area or classroom occupied by children or staff. The emergency exit plan shall identify the reader's location within the building, and shall show the exit paths and the locations of the fire extinguishers and fire alarm pulls.		
<p>(10) The provider shall conduct fire evacuation drills monthly. Drills shall include complete exit of all children and staff from the building.</p> <p>(11) The provider shall document all fire drills, including:</p> <p>(a) the date and time of the drill;</p> <p>(b) the number of children participating;</p>	<p>R430-90-16. Fire, Emergency, and Disaster.</p> <p>(3) The licensee shall hold simulated fire drills quarterly and an annual disaster drill. The licensee shall document the date of drills, participants, and the problems encountered.</p>	

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<p>(c) the name of the person supervising the drill; (d) the total time to complete the evacuation; and (e) any problems encountered.</p> <p>(12) The provider shall conduct drills for disasters other than fires at least once every six months.</p> <p>(13) The provider shall document all disaster drills, including: (a) the type of disaster, such as earthquake, flood, prolonged power outage, tornado; (b) the date and time of the drill; (c) the number of children participating; (d) the name of the person supervising the drill; and (e) any problems encountered.</p>		
<p>(14) The center shall vary the days and times on which fire and other disaster drills are held.</p>		
<p>R430-100-11. Supervision and Ratios.</p>		
<p>(1) The provider shall ensure that caregivers provide and maintain direct supervision of all children at all times.</p> <p>(2) Caregivers shall actively supervise children on the playground to minimize the risk of injury to a child.</p>	<p>R430-90-5. Licensee Qualifications and Duties.</p> <p>(3) The care giver shall be physically present on-site and provide care and supervision of children at all times, both indoors and outdoors. This includes: (a) awareness of and responsibility for the ongoing activity of each child and being near enough to intervene if needed; and (b) frequent in person observation of children sleeping in cribs and play pens.</p> <p>(4) The licensee may permit a child to participate in supervised out of the home activities without the care giver if: (a) the care giver has prior written permission from the child's parent for the child's participation; and (b) the licensee has clearly assigned the responsibility for the child's whereabouts and supervision throughout the period of care.</p> <p>(5) The licensee may make arrangements for a substitute who is at least 18 years old and who is capable of providing care and supervision of children and handling emergencies in the absence of the care giver.</p>	<p>R430-50-6. Care Giver to Child Ratios.</p> <p>(2) The owner or substitute care giver shall be physically present on-site and provide care and supervision of children at all times, both indoors and outdoors. This includes: (a) awareness of and responsibility for the ongoing activity of each child and being near enough to intervene if needed; and (b) frequent in person observations of children sleeping in cribs and play pens.</p> <p>(3) The owner may permit a child to participate in supervised out of home activities without the care giver if: (a) the care giver has prior written permission from the child's parent or guardian for the child's participation; and (b) the licensee has clearly assigned the responsibility for the child's whereabouts and supervision throughout the period of care.</p> <p>(4) The owner may make arrangements for a substitute who is at least 18 years old and who is capable of providing care and supervision of children and handling emergencies in the absence of the care giver.</p>
<p>(3) There shall be at least two caregivers with the children at all times when there are more than 8 children or more than 2 infants present.</p>	<p>R430-90-9. Care Giver to Child Ratios.</p> <p>(1)(b) There shall be at least two care givers in the licensed family group program at all times when there are nine or more children present, counting the care givers' own children, grand children, nieces, nephews, wards, step-children, under age 12, or when more than two infants are present.</p>	

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<p>(4) The licensee shall maintain the minimum caregiver to child ratios and group sizes in Table 5 for single age groups of children.</p> <p>(5) A center constructed prior to 1 January 2004 which has been licensed and operated as a child care center continuously since 1 January 2004 is exempt from maximum group size requirements, if the required caregiver to child ratios are maintained, and the required square footage for each classroom is maintained.</p> <p>(6) Ratios and group sizes for mixed age groups are determined by averaging the ratios and group sizes of the ages represented in the group, with the following exception: if more than half of the group is composed of children in the youngest age group, the caregiver to child ratio and group size for the youngest age shall be maintained.</p> <p>(7) Table 6 represents the caregiver to child ratios and group size for common mixed age groups.</p>	<p>R430-90-9. Care Giver to Child Ratios.</p> <p>(1) The minimum ratio of care givers to children permitted in licensed small family and family group child care are set forth in tables 1 and 2.</p> <p style="text-align: center;">TABLE 1</p> <p style="text-align: center;">Family Minimum Care Giver to Child Ratios</p> <table><tr><th>Care giver</th><th>Children</th><th>Limits for Mixed Ages(a)</th></tr><tr><td>1</td><td>8</td><td>No more than two children under age 2</td></tr><tr><td>1</td><td>6</td><td>No more than three children under age 2</td></tr></table> <p style="text-align: center;">TABLE 2</p> <p style="text-align: center;">Family Group Minimum Care giver to Child Ratios</p> <table><tr><th>Care Giver</th><th>Children</th><th>Limits for Ages</th><th>Group Size(b)(c)</th></tr><tr><td>1</td><td>12</td><td>All Children School-age</td><td>16</td></tr><tr><td>2</td><td>9-16</td><td>Mixed ages, only four under age 2</td><td>20</td></tr></table>	Care giver	Children	Limits for Mixed Ages(a)	1	8	No more than two children under age 2	1	6	No more than three children under age 2	Care Giver	Children	Limits for Ages	Group Size(b)(c)	1	12	All Children School-age	16	2	9-16	Mixed ages, only four under age 2	20	<p>R430-50-6. Care Giver to Child Ratios.</p> <p>(1) The owner may not care for more than eight children including the owner's own children under age four. The owner also may not care for more than two children under age two, including the owner's own children under age two.</p>
Care giver	Children	Limits for Mixed Ages(a)																					
1	8	No more than two children under age 2																					
1	6	No more than three children under age 2																					
Care Giver	Children	Limits for Ages	Group Size(b)(c)																				
1	12	All Children School-age	16																				
2	9-16	Mixed ages, only four under age 2	20																				
<p>(8) Infants and toddlers may be included in mixed age groups only when 8 or fewer children are present at the center.</p>																							
<p>(9) If more than 2 infants or toddlers are included in a mixed age group, there shall be at least 2 caregivers with the group.</p>																							
<p>(10) During nap time the caregiver to child ratio may double for not more than two hours for children age 18 months and older, if the children are in a restful or non-active state, and if a means of communication is maintained with another caregiver who is on-site. The caregiver supervising the napping children must be able to contact the other on-site caregiver without having to leave children unattended in the napping area.</p>																							
<p>(11) The children of the licensee or any employee, age four or older, are not counted in the caregiver to child ratios when the parent of the child is working at the center, but are counted in the maximum group size.</p>	<p>R430-90-9. Care Giver to Child Ratios.</p> <p>(1)(a) The mixed ages include the care giver's children under age 4.</p> <p>(1)(c) The care giver's own children, grand children, nieces, nephews, wards, step-children are included in the maximum group size if they are under the age of 12.</p>																						
<p>R430-100-12. Injury Prevention.</p>																							
<p>(1) The provider shall ensure that the building, grounds, toys, and equipment are maintained and used in a safe manner to prevent injury to children.</p>	<p>R430-90-15. Safety.</p> <p>(1) Indoor and outdoor play spaces, toys and equipment shall be maintained in a safe manner to prevent injury to children.</p>	<p>R430-50-10. Fire, Safety, and Sanitation.</p> <p>(6) Equipment and furniture must be durable, in good repair, structurally sound, and stable. Indoor and outdoor play spaces,</p>																					

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		toys and equipment shall be maintained in a safe manner to prevent injury to children.
(2) The provider shall ensure that the indoor environment is free of tripping hazards such as unsecured flooring or cords.		
(3) Areas accessible to children shall be free of unstable heavy equipment, furniture, or other items that children could pull down on themselves.		
(4) The following items shall be inaccessible to children: (a) firearms, ammunition, and other weapons on the premises. Firearms shall be stored separately from ammunition, in a locked cabinet or area, unless the use is in accordance with the Utah Concealed Weapons Act, or as otherwise allowed by law;	R430-90-15. Safety. (4) There shall be no firearms or other weapons accessible to children. Firearms and other weapons shall be stored separately from ammunition and all shall be in a locked cabinet or area during times when children are on the premises, unless the use is in accordance with UCA 53-5-701 Concealed Weapons Act, UCA 76-10-523 Persons Exempt from Weapons Laws or as otherwise authorized by law.	R430-50-10. Fire, Safety, and Sanitation. (11) There shall be no firearms or other weapons accessible to children. Firearms and other weapons shall be stored separately from ammunition and all shall be in a locked cabinet or area during times when children are on the premises, unless the use is in accordance with UCA 53-5-701 Concealed Weapons Act, UCA 76-10-523 Persons Exempt from Weapons Laws or as otherwise authorized by law.
(b) tobacco, alcohol, illegal substances, and sexually explicit material;		
(c) when in use, portable space heaters, fireplaces, and wood burning stoves;	R430-90-15. Safety. (7) Fireplaces, open-face heaters, and wood burning stoves shall be inaccessible to children when in use. Portable space heaters are not permitted when children are on the premises.	
(d) toxic or hazardous chemicals such as cleaners, insecticides, lawn products, and flammable materials; (e) poisonous plants; (f) matches or cigarette lighters; (g) open flames; (h) sharp objects, edges, corners, or points which could cut or puncture skin; (i) for children age 4 and under, strings and cords long enough to encircle a child's neck, such as those found on pull toys, window blinds, or drapery cords; (j) for children age 4 and under, plastic bags large enough for a child's head to fit inside, latex gloves, and balloons; and	R430-90-15. Safety. (6) Toxic or hazardous chemicals such as cleaners, insecticides, lawn products, and flammable materials shall be stored away from children in a locked or protected area... (10) Sharp objects, medicines, plastic bags, poisonous plants, lighters and matches must be stored out of reach and inaccessible to children. (12) Strings and cords long enough to encircle a child's neck, such as those found on pull toys, window blinds, or drapery cords, shall be inaccessible to children under five years of age.	R430-50-10. Fire, Safety, and Sanitation. (7) Dangerous items, such as sharp objects, medicines, plastic bags, and poisonous plants and chemicals, including household supplies, must be stored out of reach of children.
(k) for children age 3 and under, toys or other items with a diameter of less than 1-1/4 inch and a length of less than 2-1/4 inches, or objects with removable parts that have a diameter of less than 1-1/4 inch and a length of less than 2-1/4 inches.	R430-90-15. Safety. (2) Infants and toddlers shall not have access to toys smaller than 1-1/4 inches in total diameter or length. Toys and equipment used by children must comply with the guidelines of the Consumer Product Safety Commission.	

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(5) The provider shall store all toxic or hazardous chemicals in a container labeled with its contents.	R430-90-15. Safety. (6) ... All toxic or hazardous chemicals shall be in the original container, or labeled in the container.	
(6) Electrical outlets and surge protectors accessible to children age four and younger shall have protective caps or safety devices when not in use.	R430-90-15. Safety. (5) Electrical outlets accessible to children four years of age and younger shall be protected or capped with safety devices.	R430-50-10. Fire, Safety, and Sanitation. (8) Electrical outlets accessible to children four years of age and younger shall be protected or capped with safety devices.
(7) Hot water accessible to children shall not exceed 120 degrees Fahrenheit.	R430-90-15. Safety. (11) Hot water accessible to children shall not exceed the scalding standard of 120 degrees Fahrenheit.	R430-50-10. Fire, Safety, and Sanitation. (9) Hot water accessible to children shall not exceed 120 degrees Fahrenheit.
(8) High chairs shall have T-shaped safety straps or devices that are used whenever a child is in the chair.	R430-90-15. Safety. (3) High chairs shall have safety straps or devices to prevent children from falling out.	
(9) Indoor stationary gross motor play equipment, such as slides and climbers, accessible to children under age 3 shall not have a designated play surface that exceeds 3 feet in height. (a) If such equipment has an elevated designated play surface less than 18 inches in height, it shall be surrounded by cushioning materials, such as mats at least 1 inch thick, in a 3 foot use zone. (b) If such equipment has an elevated designated play surface that is 18 inches to 3 feet in height, it shall be surrounded by mats at least 2 inches thick, or cushioning that meets ASTM Standard F1292, in a three foot use zone.		
(10) Indoor stationary gross motor play equipment, such as slides and climbers, accessible to children age 3 and older shall not have a designated play surface that exceeds 5-1/2 feet in height. (a) If such equipment has an elevated designated play surface less than 3 feet in height, it shall be surrounded by protective cushioning material, such as mats at least 1 inch thick, in a six foot use zone. (b) If such equipment has an elevated designated play surface that is 3 feet to 5-1/2 feet in height, it shall be surrounded by cushioning that meets ASTM Standard F1292, in a six foot use zone.		
(11) There shall be no trampolines in the indoor play area.		
R430-100-13. Parent Notification and Child Security.		
(1) The provider shall post a copy of the Department's child		

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care guide in the center for parents' review during business hours.		
(2) Parents shall have access to the center and their child's classroom at all times their child is in care.	R430-90-11. Parent Notification and Child Security. (2) The home of the licensee shall be accessible and open to parents or legal guardians during the hours of operation.	
<p>(3) The provider shall ensure the following procedures are followed when children arrive at the center or leave the center:</p> <p>(a) Each child must be signed in and out of the center by the person dropping the child off and picking the child up, including the date and time the child arrives or leaves.</p> <p>(b) Persons signing children into the center shall use identifiers, such as a signature, initials, or electronic code.</p> <p>(c) Persons signing children out of the center shall use identifiers, such as a signature, initials, or electronic code, and shall have photo identification if they are unknown to the provider.</p> <p>(d) Only parents or persons with written authorization from the parent may take any child from the center. In an emergency, the provider may accept verbal authorization if the provider can confirm the identity of the person giving the verbal authorization and the identity of the person picking up the child.</p>	<p>R430-90-8. Records.</p> <p>(4) The licensee shall ensure a record or log is maintained to document each enrolled child's attendance.</p> <p>R430-90-11. Parent Notification and Child Security.</p> <p>(1) The licensee shall establish a procedure for care givers to check who has written authorization to pick up children. Only the parents, legal guardian, or persons with written authorization from a parent or legal guardian shall be allowed to take any child from the home, except that verbal authorization may be used in emergency situations.</p> <p>(3) The licensee shall establish a procedure for ensuring that all children's attendance is accounted for, which shall include requiring a sign-in and out procedure.</p>	
<p>(4) The provider shall give parents a written report of every incident, accident, or injury involving their child on the day of occurrence. The caregivers involved, the center director, and the person picking the child up shall sign the report on the day of occurrence.</p> <p>(5) If a child is injured and the injury appears serious but not life threatening, the provider shall contact the parent immediately, in addition to giving the parent a written report of the injury.</p> <p>(6) In the case of a life threatening injury to a child, or an injury that poses a threat of the loss of vision, hearing, or a limb, the provider shall contact emergency personnel immediately, before contacting the parent. If the parent cannot be reached after emergency personnel have been contacted, the provider shall attempt to contact the child's emergency contact person.</p>	<p>R430-90-11. Parent Notification and Child Security.</p> <p>(5) In the case of a serious injury to a child which requires immediate hospital treatment, the licensee shall contact the parents or legal guardians after emergency personnel have been contacted.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(1) The owner shall inform the parents or guardians of all injuries and incidents that occur during the child's stay at the home.</p> <p>(a) The owner shall immediately notify the parents or guardians if medical treatment is required.</p>
R430-100-14. Child Health.		
(1) No child may be subjected to physical, emotional, or sexual abuse while in care.		
(2) All staff shall follow the reporting requirements for		

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witnessing or suspicion of abuse, neglect, and exploitation found in Utah Code, Section 62A-4a-403 and 62A-4a-411.		
(3) The use of tobacco, alcohol, illegal substances, or sexually explicit material on the premises or in center vehicles is prohibited any time that children are in care.	<p>R430-90-11. Parent Notification and Child Security.</p> <p>(4) The licensee shall establish written policies and monitor care givers, visitors, and residents of the home to ensure that the use and accessibility of tobacco, alcohol, illegal substances or sexually explicit materials are prohibited by any person anywhere on the premises during the hours of operation when children are under care.</p> <p>R430-90-13. Transportation.</p> <p>(3) Smoking in vehicles is prohibited at all times that children are in the vehicle.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(5) The owner shall ensure that the use and accessibility to illegal substances or sexually explicit materials are prohibited by any person anywhere on the premises during the hours of operation when children are in care.</p>
(4) The provider shall not admit any child to the center without documentation of: <ul style="list-style-type: none"> (a) proof of current immunizations, as required by Utah law; (b) proof of receiving at least one dose of each required vaccine prior to enrollment, and a written schedule to receive all subsequent required vaccinations; or (c) written documentation of an immunization exemption due to personal, medical or religious reasons. 	<p>R430-90-10. Child Health and Medications.</p> <p>(1) The licensee may not care for a child without proof of immunization, or evidence of conditional enrollment, or evidence of personal, medical or religious exemption. Each child shall have immunizations as required by the Utah School Immunization Law, R396-100.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(3) The owner may not admit or provide care to a child without proof of current immunizations, or evidence of conditional enrollment, or evidence of a personal, medical or religious exemption. Conditional enrollment means that the child has received at least one dose of each required vaccine prior to enrollment and be on a schedule for subsequent immunizations.</p>
(5) The provider shall not admit any child to the center without a signed health assessment completed by the parent which shall include: <ul style="list-style-type: none"> (a) allergies; (b) food sensitivities; (c) acute and chronic medical conditions; (d) instructions for special or non-routine daily health care; (e) current medications; and, (f) any other special health instructions for the caregiver. 	<p>R430-90-10. Child Health and Medications.</p> <p>(4) The parent or legal guardian shall provide a child health history upon admission which identifies: <ul style="list-style-type: none"> (a) known food sensitivities and allergies; (b) chronic illnesses, disabilities or medical conditions; (c) instructions for routine care; and (d) instructions for emergency care. </p>	
(6) The provider shall ensure that each child's health assessment is reviewed, updated, and signed or initialed by the parent at least annually.	<p>R430-90-10. Child Health and Medications.</p> <p>(5) The parent or legal guardian shall annually review and update the child's health history with the licensee.</p>	
R430-100-15. Child Nutrition.		
(1) If food service is provided: <ul style="list-style-type: none"> (a) The provider shall ensure that the center's meal service complies with local health department food service regulations. 		
(b) Foods served by centers not currently participating and in good standing with the USDA Child and Adult Care Food Program (CACFP) shall comply with the nutritional requirements	<p>R430-90-19. Food Service.</p> <p>(5)(b) Menus can be obtained from the Department or shall be Department-approved, independently approved and signed by a</p>	

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of the CACFP. The licensee shall either use standard Department-approved menus, menus provided by the CACFP, or menus approved by a registered dietitian. Dietitian approval shall be noted and dated on the menus, and shall be current within the past 5 years.	registered dietitian, or approved through the United States Department of Agriculture Child and Adult Care Food Program; and (c) A different menu shall be planned for each day of the week and menus may be cycled.	
(c) Centers not currently participating and in good standing with the CACFP shall keep a six week record of foods served at each meal or snack.		
(d) The provider shall post the current week's menu for parent review.	R430-90-19. Food Service. (5)(a) The current week's menu shall be posted for review by parents or guardians and all substitutions shall be noted on the menu and retained for one week. If substitutions are made, the menu must meet the requirement of the United States Department of Agriculture (USDA) Child Care Food Program guidelines;	
(2) The provider shall offer meals or snacks at least once every three hours.	R430-90-19. Food Service. (5) Meals and snacks shall be served at least once every three hours, or according to the menu.	R430-50-12. Food Service. (1) A meal or snack shall be served to the children at least every three hours...
(3) The provider shall serve children's food on dishes, napkins, or sanitary high chair trays, except for individual serving size items, such as crackers, if they are placed directly in the children's hands. The provider shall not place food on a bare table.	R430-90-19. Food Service. (4) Children's food shall be served on plates, napkins or other sanitary holders, which include a high chair tray...Food shall not be placed on a bare table or other eating surface.	
(4) The provider shall post a list of children's food allergies and sensitivities in the food preparation area, and shall ensure that caregivers who serve food to children are aware of this information for the children in their assigned group.		
(5) The provider shall ensure that food and drink brought in by parents for an individual child's use is labeled with the child's full name, and refrigerated if needed.	R430-90-19. Food Service. (2)(b) Food brought in by parents or legal guardians for individual child use must be labeled.	
	R430-90-19. Food Service. (2) Food prepared by the care givers for the children in care shall be from an approved source as provided in R392-100. (a) Food brought in by parents or legal guardians to serve to other children must be from an approved source or commercially prepared; (3) All care givers who prepare or serve food and snacks must have a current food handler's permit. (4) ...Multiple-use sanitary holders shall be washed, rinsed, and	R430-50-12. Food Service. (2) The food preparation area shall be clean and sanitary. (3) All care givers who prepare or serve food and snacks must have a current food handlers permit.

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	sanitized with a sanitizer approved in R392-100 for food contact surfaces prior to each use... (6) Children and infants shall be served special diets, formula, breast milk, or food supplements in accordance with the written instructions from a parent or legal guardian.	
R430-100-16. Infection Control.		
(1) Staff shall wash their hands thoroughly for at least 20 seconds with liquid soap and warm running water at the following times: (a) before handling or preparing food or bottles; (b) before and after eating meals and snacks or feeding children; (c) before and after diapering a child; (d) after using the toilet or helping a child use the toilet; (e) before administering medication; (f) after coming into contact with body fluids, including breast milk; (g) after playing with or handling animals; (h) when coming in from outdoors; and (i) after cleaning or taking out garbage. (2) The provider shall ensure that children wash their hands thoroughly for at least 20 seconds with liquid soap and warm running water at the following times: (a) before and after eating meals and snacks; (b) after using the toilet; (c) after coming into contact with body fluids; (d) after playing with animals; and (e) when coming in from outdoors.	R430-90-14. Infection Control. (6) Care givers shall assure protection from contamination and the spread of microorganisms by implementing good hand washing practices...Care givers and children shall wash their hands after using the toilet, before and after eating, and before and after food preparation.	R430-50-10. Fire, Safety, and Sanitation. (5) Care givers and children shall wash their hands after using the toilet, before and after eating and before and after food preparation.
(3) Only single use towels from a covered dispenser or an electric hand-drying device may be used to dry hands.	R430-90-14. Infection Control. (7) Single-use paper towels or individually labeled cloth towels shall be used for drying hands. If cloth towels are used, the care giver shall wash the towels daily.	
(4) The provider shall ensure that toilet paper is accessible to children, and that it is kept on a dispenser.		
(5) The provider shall post handwashing procedures at each handwashing sink, and they shall be followed.		
(6) Caregivers shall teach children proper hand washing techniques and shall oversee hand washing whenever possible.	R430-90-14. Infection Control. (6) ...Care givers shall teach children proper hand washing techniques and oversee hand washing whenever possible...	

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(7) Personal hygiene items such as toothbrushes, or combs and hair accessories that are not sanitized between each use, shall not be shared by children or used by staff on more than one child, and shall be stored so that they do not touch each other.	R430-90-14. Infection Control. (4) If personal hygiene items for children are maintained at the home such as combs or toothbrushes, they shall not be shared between children and shall be labeled and stored separately.	
(8) The provider shall clean and sanitize all washable toys and materials weekly, or more often if necessary. (9) Stuffed animals, cloth dolls, and dress-up clothes must be machine washable. Pillows must be machine washable, or have removable covers that are machine washable. The provider shall wash stuffed animals, cloth dolls, dress-up clothes, and pillows or covers weekly.	R430-90-14. Infection Control. (5) The licensee shall clean and sanitize indoor activity equipment and toys weekly or more often as necessary. (a) Stuffed animals shall be machine washable.	
(10) If water play tables or tubs are used, they shall be washed and sanitized daily, and children shall wash their hands prior to engaging in the activity.		
(11) The licensee shall ensure that all employees are tested for tuberculosis (TB) within two weeks of hire by an acceptable skin testing method and follow-up. (12) If the TB test is positive, the caregiver shall provide documentation from a health care provider detailing: (a) the reason for the positive reaction; (b) whether or not the person is contagious; and (c) if needed, how the person is being treated.	R430-90-6. Care Giver Qualifications. (8) Each care giver upon employment and each licensee shall have an initial health evaluation within the past six months and complete tuberculosis testing using the Mantoux tuberculin skin test method within two weeks of assuming care giver responsibilities. Tuberculin skin testing does not need to be repeated during the employment period unless the employee develops signs and symptoms of the disease, as determined by a health care professional. (a) All care givers with skin tests that indicate potential exposure to tuberculosis shall receive a medical evaluation for tuberculosis disease. (b) All care givers who have documentation of previous positive reaction to the Mantoux tuberculin skin test shall present documentation of completion of therapy for tuberculosis infection or evidence of a negative chest radiograph within the past 12 months. (c) Repeated chest radiographs are not required unless the care giver develops signs and symptoms of tuberculosis disease, as determined by a health care professional.	
(13) Persons with contagious TB shall not work or volunteer in the center.		
(14) An employee having a medical condition which contra-indicates a TB test must provide documentation from a health care provider indicating they are exempt from testing, with an associated time frame, if applicable. The provider shall		

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maintain this documentation in the employee's file.		
<p>(15) Children's clothing shall be changed promptly if they have a toileting accident.</p> <p>(16) Children's clothing which is wet or soiled from body fluids:</p> <ul style="list-style-type: none"> (a) shall not be rinsed or washed at the center; and (b) shall be placed in a leakproof container, labeled with the child's name, and returned to the parent. 	<p>R430-90-14. Infection Control.</p> <p>(3) If a child's clothing is soiled by fecal material or urine, a care giver shall change the clothing promptly and place the clothing in a leakproof container to be sent home with the parent or legal guardian.</p>	
<p>(17) If the center uses potty chairs, the provider shall clean and disinfect them after each use.</p>		
<p>(18) Staff who prepare food in the kitchen shall not change diapers or assist in toileting children.</p>		
<p>(19) The center shall have a portable body fluid clean up kit.</p> <ul style="list-style-type: none"> (a) All staff shall know the location of the kit and how to use it. (b) The provider shall use the kit to clean up spills of body fluids. (c) The provider shall restock the kit as needed. 	<p>R430-90-14. Infection Control.</p> <p>(1) All care givers shall comply with the universal blood and bodily fluid precautions according to the OSHA Bodily Fluid Blood-Borne Pathogen Standard.</p> <ul style="list-style-type: none"> (a) The licensee shall keep and maintain a portable blood and bodily fluid clean-up kit. (b) All care givers shall know the location of the kit and how to use it. (c) All care givers shall wear new disposable latex gloves or an approved equivalent listed in OSHA part 1910.1030 for first-aid procedures involving blood or clean-up of blood containing bodily fluids. 	
<p>(20) The center shall not care for children who are ill with an infectious disease, except when a child shows signs of illness after arriving at the center.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(2) The licensee shall observe each child daily for signs of illness.</p>	
<p>(21) The provider shall separate children who develop signs of an infectious disease after arriving at the center from the other children in a safe, supervised location.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(2)(b) The licensee must keep ill children separate from other children.</p>	
<p>(22) The provider shall contact the parents of children who are ill with an infectious disease and ask them to immediately pick up their child. If the provider cannot reach the parent, the provider shall contact the individuals listed as emergency contacts for the child and ask them to pick up the child.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(2)(a) The licensee shall notify the parent or legal guardian immediately when illness is observed or suspected.</p>	
<p>(23) The provider shall notify the local health department, on the day of discovery, of any reportable infectious diseases among children or caregivers, or any sudden or extraordinary occurrence of a serious or unusual illness, as required by the</p>		

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local health department.		
<p>(24) The provider shall post a parent notice at the center when any staff or child has an infectious disease or parasite.</p> <p>(a) The provider shall post the notice in a conspicuous location where it can be seen by all parents.</p> <p>(b) The provider shall post and date the notice the same day the disease or parasite is discovered, and the notice shall remain posted for at least 5 days.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(3) If a communicable illness or parasite is discovered, the owner shall notify the parent or legal guardian of all enrolled children on the day of discovery. Notification shall protect the confidentiality of care givers and children.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(4) The owner shall inform parents of communicable illnesses or parasites on the day of discovery.</p>
R430-100-17. Medications.		
<p>(1) If medications are given, they shall be administered to children only by a provider trained in the administration of medications.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(6) If the licensee chooses to administer prescribed or oral over-the-counter medications then:</p> <p>(a) Medications may be administered to children only by a designated care giver</p>	
<p>(2) All over-the-counter and prescription medications shall:</p> <p>(a) be labeled with the child's name;</p> <p>(b) be kept in the original or pharmacy container;</p> <p>(c) have the original label; and,</p> <p>(d) have child-safety caps.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(6)(b) Oral over-the-counter and all prescription medications must be in the original or pharmacy container, have the original label, include the child's name, have child proof caps, and have written instructions for administration.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(2) If an owner chooses to administer medications, then the oral over-the counter and all prescription medications must be in the original or pharmacy container, have the original label, include the child's name, have child proof caps, and have written instructions for administration.</p>
<p>(3) All non-refrigerated medications shall be inaccessible to children and stored in a container or area that is locked, such as a locked room, cupboard, drawer, or a lockbox. The provider shall store all refrigerated medications in a covered container with a tight fitting lid.</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(6)(f) Medications shall be secured from access to children.</p> <p>(g) Medications stored in refrigerators shall be in spill-proof packaging and shall be kept in a covered, leakproof storage container.</p> <p>R430-90-15. Safety.</p> <p>(10) Sharp objects, medicines, plastic bags, poisonous plants, lighters and matches must be stored out of reach and inaccessible to children.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(2)(c) The owner shall ensure that all medications are secured from access to children. If medications are required to be refrigerated, then they shall be stored in spill-proof packaging.</p> <p>R430-50-10. Fire, Safety, and Sanitation.</p> <p>(7) Dangerous items, such as sharp objects, medicines, plastic bags, and poisonous plants and chemicals, including household supplies, must be stored out of reach of children.</p>
<p>(4) The provider shall have a written medication permission form completed and signed by the parent prior to administering any over-the-counter or prescription medication to a child. The permission form must include:</p> <p>(a) the name of the medication;</p> <p>(b) written instructions for administration; including:</p> <p>(i) the dosage;</p> <p>(ii) the method of administration;</p> <p>(iii) the times and dates to be administered; and</p> <p>(iv) the disease or condition being treated; and</p>	<p>R430-90-10. Child Health and Medications.</p> <p>(6)(c) The parent or legal guardian must complete a medication release form for each child receiving medications that contains:</p> <p>(i) the name of the medication,</p> <p>(ii) the dosage,</p> <p>(iii) the route of administration,</p> <p>(iv) the times and dates to be administered,</p> <p>(v) the illness or condition being treated, and</p> <p>(vi) the parent's or legal guardian's signature.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(2)(a) The parent or guardian shall provide written permission for the administration of all medications.</p>

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(c) the parent signature and the date signed.		
(5) If the provider keeps over-the-counter medication at the center that is not brought in by a parent for their child's use, the medication shall not be administered to any child without prior parental consent for each instance it is given.		
(6) If the provider chooses not to administer medication as instructed by the parent, the provider shall notify the parent of their refusal to administer the medication prior to the time the medication needs to be given.		
<p>(7) When administering medication, the provider administering the medication shall:</p> <ul style="list-style-type: none"> (a) wash their hands; (b) check the medication label to confirm the child's name; (c) compare the instructions on the parent release form with the directions on the prescription label or product package to ensure that a child is not given a dosage larger than that recommended by the health care provider or the manufacturer; (d) administer the medication; and (e) immediately record the following information: <ul style="list-style-type: none"> (i) the date, time, and dosage of the medication given; (ii) the signature or initials of the provider who administered the medication; and, (iii) any errors in administration or adverse reactions. 	<p>R430-90-10. Child Health and Medications.</p> <p>(6) If the licensee chooses to administer prescribed or oral over-the-counter medications then:</p> <ul style="list-style-type: none"> (a) Medications may be administered to children only by a designated care giver who does the following: <ul style="list-style-type: none"> (i) check the label and confirm the name of the child, (ii) read the directions regarding measured doses, frequency, expiration date, and other administration guidelines, and (iii) properly document administration of medication records according to subsection (d). (6)(b) Oral over-the-counter and all prescription medications must be in the original or pharmacy container, have the original label, include the child's name, have child proof caps, and have written instructions for administration. (d) The care giver who administers a child's medication shall maintain a medication record that includes: <ul style="list-style-type: none"> (i) the time, date, and dosage of the medication given; (ii) the signature or initials of the care giver who administered the medication; and (iii) documentation of any errors in administration or adverse reactions. 	
(8) The provider shall report any adverse reaction to a medication or error in administration to the parent immediately upon recognizing the error or reaction, or after notifying emergency personnel if the reaction is life threatening.	<p>R430-90-10. Child Health and Medications.</p> <p>(6)(e) The licensee shall report any adverse reaction to a medication or error in administration to the parent or legal guardian immediately upon recognizing the error or reaction.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(2)(b) The owner shall report any adverse reaction to a medication or error in administration to the parent or legal guardian immediately upon recognizing the error or reaction.</p>
(9) The provider shall not keep medications at the center for children who are no longer enrolled.	<p>R430-90-10. Child Health and Medications.</p> <p>(6)(h) The licensee shall return all unused or out-of-date prescription and oral over-the-counter medications to the parent or legal guardian.</p>	<p>R430-50-9. Child Health and Medications.</p> <p>(2)(d) The owner will return all unused and out-of-date medications to the parent or guardian.</p>

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R430-100-18. Napping.		
(1) The center shall provide children with a daily opportunity for rest or sleep in an environment that provides subdued lighting, a low noise level, and freedom from distractions.		
(2) Scheduled nap times shall not exceed two hours daily.		
(3) A separate crib, cot, or mat shall be used for each child during nap times.		
(4) Mats and mattresses used for napping shall be at least 2 inches thick and shall have a smooth, waterproof surface.		
(5) The provider shall maintain sleeping equipment in good repair.		
(6) If sleeping equipment is clearly assigned to and used by an individual child, the provider must clean and disinfect it as needed, but at least weekly. (7) If sleeping equipment is not clearly assigned to and used by an individual child, the provider must clean and disinfect it prior to each use.	R430-90-17. Housekeeping and Maintenance. (5) If sleeping equipment or mats for sleeping are provided, all mats and sleeping equipment shall be cleaned and sanitized weekly, and prior to use by another child.	
(8) The provider must either store sleeping equipment so that the surfaces children sleep on do not touch each other, or else clean and disinfect sleeping equipment prior to each use.		
(9) A sheet and blanket or acceptable alternative shall be used by each child during nap time. These items shall be: (a) clearly assigned to one child; (b) stored separately from other children's when not in use; and, (c) laundered as needed, but at least once a week, and prior to use by another child.		
(10) The provider shall space cribs, cots, and mats a minimum of 2 feet apart when in use, to allow for adequate ventilation, easy access, and ease of exiting.		
(11) Cots and mats may not block exits.		
R430-100-19. Child Discipline.	R430-90-7. Child Discipline.	R430-50-7. Child Discipline.
(1) The provider shall inform caregivers, parents, and children of the center's behavioral expectations for children.	(1) The licensee shall inform all care givers, parents or guardians and children of expected conduct by setting clear and understandable rules.	(1) The owner shall inform all care givers, parents or guardians and children of expected conduct by setting clear and understandable rules.
(2) The provider may discipline children using positive reinforcement, redirection, and by setting clear limits that	(2) Disciplinary measures shall be implemented so as to encourage the child's self-control to reduce risk of injury and any	(2) Disciplinary measures shall be implemented so as to encourage the child's self-control to reduce the risk of injury and

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promote children's ability to become self-disciplined.	adverse health effects to self or others. Positive discipline measures include but are not limited to: (a) rewards for positive behavior; (b) other forms of positive guidance; (c) redirection; or (d) time out.	any adverse health effects to self or others. Positive discipline measures include but are not limited to: (a) positive behavioral rewards; (b) other forms of positive guidance; (c) redirection; or (d) time out.
(3) Caregivers may use gentle, passive restraint with children only when it is needed to stop children from injuring themselves or others or from destroying property.		
(4) Discipline measures shall not include any of the following: (a) any form of corporal punishment such as hitting, spanking, shaking, biting, pinching, or any other measure that produces physical pain or discomfort; (b) restraining a child's movement by binding, tying, or any other form of restraint that exceeds that specified in Subsection (3) above. (c) shouting at children; (d) any form of emotional abuse; (e) forcing or withholding of food, rest, or toileting; and, (f) confining a child in a closet, locked room, or other enclosure such as a box, cupboard, or cage.	(3) Discipline measures shall not include any of the following: (a) corporal punishment, including hitting, shaking, biting, pinching, or spanking; (b) restraint of a child's movement by binding or tying; (c) use of abusive, demeaning or profane language; (d) force or withdrawing food, rest or bathroom opportunities; or (e) confining a child in a locked closet, room, or similar area.	(3) Discipline measures shall not include any of the following: (a) corporal punishment, including hitting, shaking, biting, pinching, or spanking; (b) restraining a child's movement by binding or tying; (c) using abusive, demeaning or profane language; (d) withdrawal of food or bathroom opportunities; or (e) confining a child in a locked closet, room, or similar area; or (f) forcing or withdrawing food, rest, or bathroom opportunities.
R430-100-20. Activities.	R430-90-12. Activities.	
(1) The provider shall post a daily schedule for preschool and school-age groups. The daily schedule shall include, at a minimum, meal, snack, nap/rest, and outdoor play times.		
(2) Daily activities shall include outdoor play if weather permits.		
(3) The provider shall offer activities to support each child's healthy physical, social-emotional, and cognitive-language development. The provider shall post a current activity plan for parent review listing these activities in preschool and school age groups. (4) The provider shall make the toys and equipment needed to carry out the activity plan accessible to children.	(1) The licensee shall develop a daily activity plan that is designed for the age and development of the children accepted for care and ensure that there are sufficient supplies on hand.	
(5) If off-site activities are offered: (a) the provider shall obtain written parental consent for each activity in advance; (b) caregivers shall take written emergency information and releases with them for each child in the group, which shall include:	(4) If off-site activities are provided, parent or legal guardian permission is required for children to participate. Care givers shall take with them emergency phone numbers for each child attending the activity.	

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(i) the child's name; (ii) the parent's name and phone number; (iii) the name and phone number of a person to notify in the event of an emergency if the parent cannot be contacted; (iv) the names of people authorized by the parents to pick up the child; and (v) current emergency medical treatment and emergency medical transportation releases;		
(c) the provider shall maintain required caregiver to child ratios and direct supervision during the activity;		
(d) at least one caregiver present shall have a current Red Cross, American Heart Association, or equivalent first aid and infant and child CPR certification;		
(e) children shall wear or carry with them the name and phone number of the center, but children's names shall not be used on name tags, t-shirts, or other identifiers; and		
(f) caregivers shall provide a way for children to wash their hands as specified in R430-100-16(2). If there is no source of running water, caregivers and children may clean their hands with wet wipes and hand sanitizer.		
(6) If swimming activities are offered, caregivers shall remain with the children during the activity, and lifeguards and pool personnel shall not count toward the caregiver to child ratio.	(5) If swimming activities are planned, care givers shall accompany children at pool side and lifeguards and pool personnel are not counted in care giver ratios.	
R430-100-21. Transportation.	R430-90-13. Transportation.	R430-50-11. Transportation.
(1) Any vehicle used for transporting children shall: (a) be enclosed; (b) be equipped with individual, size appropriate safety restraints, properly installed and in working order, for each child being transported; (c) have a current vehicle registration and safety inspection; (d) be maintained in a safe and clean condition; (e) maintain temperatures between 60-90 degrees Fahrenheit when in use; (f) contain a first aid kit; and (g) contain a body fluid clean up kit.	(1) The licensee shall maintain documentation that any vehicle used for transporting children has a current vehicle registration...safety inspection and shall maintain the vehicle in a clean and safe manner. (2) Each vehicle shall: (a) have a first-aid kit and body fluid clean-up kit; (b) be equipped with individual, size-appropriate safety restraints such as car seats or seat belts which are described in the federal motor vehicle safety standards contained in the Code of Federal Regulations, title 49, section 571.213, for each child that are appropriate to the vehicle type and are installed and used in the manner prescribed by the manufacturer; (c) be enclosed;	Only the owner may transport children in non-public vehicles. Children must be transported in the following manner: (1) The vehicle is licensed, registered and inspected. (4) The vehicle is equipped with individual, size appropriate safety restraints.
(2) At least one adult in each vehicle transporting children shall have a current Red Cross, American Heart Association, or		

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equivalent first aid and infant and child CPR certification.		
(3) The adult transporting children shall: (a) have and carry with them a current valid Utah driver's license, for the type of vehicle being driven, whenever they are transporting children;	(4) Any vehicle used for transporting children shall be driven by an adult who holds a current state driver's license that authorizes the driver to operate the type of vehicle driven.	(2) The owner has a current Utah driver's license.
(b) have with them written emergency contact information for all of the children being transported;		
(c) ensure that each child being transported is wearing an appropriate individual safety restraint;		
(d) ensure that no child is left unattended by an adult in the vehicle; (e) ensure that all children remain seated while the vehicle is in motion; (f) ensure that keys are never left in the ignition when the driver is not in the driver's seat; and,	(5) The driver shall ensure that no child is unattended in the vehicle. The driver shall remove the keys whenever the driver is not in the driver's seat.	
(g) ensure that the vehicle is locked during transport.	(2) Each vehicle shall: (d) be locked during transport.	
	(1) The licensee shall maintain documentation that any vehicle used for transporting children has...insurance for child care transportation,	(3) The vehicle and owner are insured.
R430-100-22. Animals.	R430-90-18. Animals.	
(1) The provider shall inform parents of the types of animals permitted at the facility.	(3) The licensee of the program shall inform the parent or legal guardian of the types of animals kept at the home.	
(2) All animals at the facility shall be clean and free of obvious disease or health problems that could adversely affect children. (3) All animals at the facility shall have current immunizations for all vaccine preventable diseases that are transmissible to humans. The center shall have documentation of the vaccinations. (4) There shall be no animal on the premises that has a history of dangerous, attacking, or aggressive behavior, or a history of biting even one person.	(1) If the licensee permits animals at the home: (a) the animals shall be clean and in good health; (b) the animals shall have current vaccination records available at the program for all diseases transmissible to humans; (c) the animals shall have no history of dangerous or aggressive behavior.	R430-50-10. Fire, Safety, and Sanitation. (12) If the owner has pets at the home: (a) the animals shall be clean and in good health; (b) the animals shall have current vaccination records available for all diseases transmissible to humans; (c) the animals shall have no history of dangerous or aggressive behavior;
(5) Children shall not assist with the cleaning of animals or animal cages, pens, or equipment. (6) There shall be no animals or animal equipment in food preparation or eating areas.	(2) Children shall not assist with the cleaning of animals, animal cages, pens or animal equipment. Animal cages and equipment shall not be cleaned in food preparation or food storage areas.	R430-50-10. Fire, Safety, and Sanitation. (12)(d) the children shall not clean nor assist with the cleaning of animals, animal cages, pens or equipment; (e) the animal cages and equipment shall not be cleaned in food preparation or food storage areas;

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(7) Children shall not handle reptiles or amphibians.	(4) Children shall not handle reptiles, including turtles and lizards.	R430-50-10. Fire, Safety, and Sanitation. (12)(f) Children shall not be permitted to handle reptiles, including turtles and lizards.
R430-100-23. Diapering.		
If the center diapers children, the following applies: (1) Caregivers shall change children's diapers at a diaper changing station. Diapers shall not be changed on surfaces used for any other purpose.	R430-90-14. Infection Control. (2) If children are admitted for care who require diapers, the following applies: (b) The diapering area shall not be located in a food preparation area.	R430-50-10. Fire, Safety, and Sanitation. (4) If children are diapered at the home, then diapering shall occur in an area separate from food storage, food preparation, and eating area...
(2) Each diapering station shall be equipped with railings to prevent a child from falling when being diapered.		
(3) Caregivers shall not leave children unattended on the diapering surface.		
(4) The diapering surface shall be smooth, waterproof, and in good repair. (5) The provider shall post diapering procedures at each diapering station and ensure that they are followed. (6) Caregivers shall clean and disinfect the diapering surface after each diaper change.	R430-90-14. Infection Control. (2) If children are admitted for care who require diapers, the following applies: (a) Care givers shall change a child's diaper on a clean, smooth, washable, non-absorbent diapering surface and sanitize the surface after each use.	R430-50-10. Fire, Safety, and Sanitation. (4) If children are diapered at the home...A smooth nonabsorbent diaper changing surface...shall be available.
(7) Caregivers shall wash their hands before and after each diaper change.		
(8) Caregivers shall place soiled disposable diapers in a container that has a plastic lining and a tightly fitting lid. (9) The provider shall daily clean and disinfect containers where soiled diapers are placed.	R430-90-14. Infection Control. (2)(c) Care givers shall place soiled diapers in a container that is lined and has a tight fitting lid or take the diapers directly to an outside covered receptacle. Care givers shall clean and disinfect the inside diaper containers daily.	R430-50-10. Fire, Safety, and Sanitation. (4) If children are diapered at the home...a sanitary container for soiled and wet diapers shall be available.
(10) If cloth diapers are used: (a) they shall not be rinsed at the center; and (b) after a diaper change, the caregiver shall place the cloth diaper directly into a leakproof container that is inaccessible to children and labeled with the child's name, or a leakproof diapering service container.		
(11) Caregivers shall change children's diapers promptly when they are wet or soiled, and shall check diapers at least once every two hours.		
(12) Caregivers shall keep a written record daily for each infant and toddler documenting their diaper changes. The record shall		

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be completed within an hour of each diaper change, and shall include the time of the diaper change and whether the diaper was wet, soiled, or both.		
(13) Care givers whose designated responsibility includes the care of diapered children shall not prepare food for children or staff outside of the classroom area used by the diapered children.		
R430-100-24. Infant and Toddler Care.		
If the center cares for infants or toddlers, the following applies: (1) The provider shall not mix infants and toddlers with older children, unless there are 8 or fewer children present at the center.		
(2) Infants and toddlers shall not use outdoor play areas at the same time as older children.		
(3) If an infant is not able to sit upright and hold their own bottle, a caregiver shall hold the infant during bottle feeding. Bottles shall not be propped.	R430-90-19. Food Service. (7) If an infant is unable to sit upright and hold his own bottle, a care giver shall hold the infant during bottle feeding.	
(4) The provider shall clean and sanitize high chair trays prior to each use.		
(5) The provider shall cut solid foods for infants into pieces no larger than 1/4 inch in diameter. The provider shall cut solid foods for toddlers into pieces no larger than 1/2 inch in diameter.		
(6) Baby food, infant formula, and breast milk for infants that is brought from home for an individual child's use must be: (a) labeled with the child's name; (b) labeled with the date and time of preparation or opening of the container, such as a jar of baby food; (c) kept refrigerated if needed; and (d) discarded within 24 hours of preparation or opening, except that powdered formula or dry foods which are opened, but are not mixed, are not considered prepared.	R430-90-19. Food Service. (2)(c) Baby food must be refrigerated after opening, marked with the date and time of opening and discarded if not consumed within 24 hours of opening; (d) Infant formula and breast milk shall be discarded after feeding or within two hours of initiating a feeding.	
(7) Infant formula and milk, including breast milk, shall be discarded after feeding, or within two hours of initiating a feeding.		
(8) To prevent burns, heated bottles shall be thoroughly shaken and tested for temperature before being fed to children.		
(9) Pacifiers, bottles, and non-disposable drinking cups shall be		

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labeled with each child's name, and shall not be shared.		
(10) Only one infant shall occupy any one piece of equipment at any time, unless the equipment has individual seats for more than one child.		
(11) Infants shall sleep in equipment designed for sleep such as a crib, bassinet, porta-crib or play pen. Infants shall not be placed to sleep on mats or cots, or in bouncers, swings, car seats, or other similar pieces of equipment.	R430-90-15. Safety. (15) The licensee shall provide separate sleep equipment for each infant designed for infant use, such as a crib, bassinet, porta-crib, or play pen...	
(12) Infant cribs must: <ul style="list-style-type: none"> (a) have tight fitting mattresses; (b) have slats spaced no more than 2-3/8 inches apart; (c) have at least 20 inches from the top of the mattress to the top of the crib rail; and (d) not have strings, cords, ropes, or other entanglement hazards strung across the crib rails. 		
(13) Infants shall not be placed on their stomachs for sleeping, unless there is documentation from a health care provider for treatment of a medical condition.	R430-90-15. Safety. (15) ...Infants shall be placed on their backs for sleeping.	
(14) Each infant and toddler shall follow their own pattern of sleeping and eating.		R430-50-12. Food Service. (1) ...Infants shall be fed on demand or according to parent directions.
(15) Caregivers shall keep a written record daily for each infant documenting their eating and sleeping patterns. The record shall be completed within an hour of each feeding or nap, and shall include the food and beverages eaten, and the times the child slept.		
(16) Infant walkers with wheels are prohibited.	R430-90-15. Safety. (14) Infant walkers with wheels are not permitted.	
(17) Infants and toddlers shall not have access to objects made of styrofoam.		
(18) Caregivers shall respond as promptly as possible to infants and toddlers who are in emotional distress due to conditions such as hunger, fatigue, wet or soiled diapers, fear, teething, or illness.		
(19) Awake infants and toddlers shall receive positive physical stimulation and positive verbal interaction with a caregiver at least once every 20 minutes. (20) Awake infants shall not be confined for more than 30	R430-90-12. Activities. (6) If care is provided to infants, a care giver shall provide physical and verbal stimulation every 30 minutes to each infant during waking hours, including the opportunity for physical	

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minutes in one piece of equipment, such as swings, high chairs, cribs, play pens, or other similar pieces of equipment.	activity. Physical activity may not confine an awake child to a single device, such as infant equipment which restricts active movements for more than 30 minutes.	
(21) Mobile infants and toddlers shall have freedom of movement in a safe area.		
(22) To stimulate their healthy development, there shall be safe toys accessible to infants and toddlers. There shall be enough toys for each child in the group to be engaged in play with toys.		
(23) All toys used by infants and toddlers shall be cleaned and sanitized: (a) weekly; (b) after being put in a child's mouth; and (c) after being contaminated by body fluids.	R430-90-14. Infection Control. (5)(b) If four or more infants are present for care, the licensee shall clean and sanitize the indoor equipment and toys used by the infants during the day.	